

PRESIDENT'S MESSAGE CINDY KANESHIRO, RN, BSN, OCN



**Cindy Kaneshiro,
RN, OCN
Hawaii
ONS President**

Hello fellow oncology nurses! Hope you are enjoying the various chapter activities thus far. I would like to thank the Conference committee for another fine job of organizing and planning this year's annual conference. Our chapter's Suzanne Ditter, once again did a wonderful job with coordinating our silent auction and raised funds so the chapter can continue to offer education grants to our members. The iPad drawing was a nice addition to this year's

activities and fund raising efforts. A big Mahalo to all involved.

The Mana`Olana program during lunch was, as always, an emotional heartwarming affair. It always reminds me of why I love Oncology Nursing.

Congratulations to this year's awardee Christa Braun. I know she will be a wonderful representative of ONS' Nurse of Hope for 2011.

I can't believe how fast the year has gone by; October is just around the corner. As you all

know, October is Breast Cancer Awareness Month. Part of our chapter's strategic plan is to advocate on behalf of the nursing profession, the multidisciplinary oncology team, people at risk for cancer, people with cancer, their families and their caregivers. Our ongoing collaboration with other organizations regarding professional and patient issues like the Susan G. Komen Hawaii Affiliate helps us to meet this goal. Susan G. Komen for the Cure is the global leader
(cont on page 5)

PRESIDENT-ELECT'S MESSAGE ROBIN EASLEY, MNsc, ACNP-BC, OCN



**Robin Easley,
MNsc, ACNP-BC, OCN
Hawaii
ONS President-Elect**

Aloha to our members.

Leadership weekend in Pittsburgh was a huge success. It was a long journey but well worth the effort and eventual jet lag. Some upcoming news for the members is that national is working on several projects including upgrading the Virtual Community website and developing a program that will allow members to pay dues on a yearly basis which will include not only the national fee, but the individual chapter fee as well. This is a great way

for the local chapters to simplify and maintain an updated membership list.

I also attended a workshop regarding fundraising options which could also help our chapter as we only have one event per year and those proceeds are tagged to the educational grants. One idea is to obtain educational grant money to support the yearly local Annual ONS conference. This would increase revenue from this event on a yearly basis which could

then be used in other venues.

National has also reinstated an award for Physicians who support nursing. Please go to the website and support your physician if he/she meets the mark.

This conference allowed me to network with other chapter leaders from around the region. Most chapters have the same difficulties with keeping up to date membership lists, managing the website, and utilizing their web page.
(cont on page 5)

ISSUES FACED BY ONCOLOGY FAMILY CAREGIVERS FRANCISCO CONDE, PHD, APRN



The National Cancer Institute estimates that there are over 12 million cancer survivors in the United States today. Approximately 1.5 million men and women are newly diagnosed with cancer. For all cancers combined, the average 5-year survival rate is about 65%. With this growing number of cancer survivors, increasing numbers of family caregivers are faced with caring for the patients at any level of the cancer continuum—from diagnosis, treatment, survivorship, and end of life. Family caregivers are defined as those who provide uncompensated care or

health-related assistance to patients.

Decreased patient length of stay in the hospital has resulted in greater dependency on family caregivers to care for patients at home. The duration and level of family caregiver involvement vary. In a survey of 600 caregivers, the average amount of time spent providing care was 8.3 hours per day, with 25% of caregivers providing care for more than 16 hours per day. Tasks caregivers perform include medication acquisition and administration, wound care, symptom management, meals and nutritional assistance, errands, bill

payments, emotional support, coordinating care, communication with providers, and accessing resources.

Do family caregivers feel prepared to provide care to patients? Results from several studies have shown that 70% of caregivers report not feeling competent with dressings, 64% are not capable to work with equipments, and 31% have financial obstacles. Over 50% describe communication problems with providers. And 70-80% wants more information. In addition to the lack of skill mastery, caring for patients with cancer at home can negatively

(cont on page 6)

IMPROVING QUALITY OF LIFE AND QUALITY OF CARE FOR ONCOLOGY FAMILY CAREGIVERS MARY NAKASUJI, LSW, OSW-C



Francisco Conde and I submitted a proposal to the City of Hope with a vision of starting a Caregiver Support Group at the Queen's Medical Center.

Each year, QMC provides initial diagnosis and/or treatment to approximately 2,300 cancer patients. Most healthcare providers and programs offered at QMC are focused primarily on the physical and psychosocial needs of the patients. However, similar to cancer patients, oncology family caregivers are also impacted by the cancer at any level of the cancer continuum, from diagnosis, treatment,

survivorship and end of life.

We submitted this proposal with the hope that the information gained from our participation in the Oncology Family Caregiver course, will enable us to establish the first family caregiver support group at the Queen's Medical Center that specifically supports and addresses the needs of family caregivers.

The 3-day training was held in Los Angeles, California, on 7/13/11 to 7/15/11. The course focused on Physical, Psychological, Social and Spiritual Well Being of Family Caregivers. The training was

provided by nationally recognized speakers, i.e., Betty Ferrell, RN, PHD, MA, FAAN, FPCN, Dr. Arti Hurria, Laurel L. Northouse, PHD, RN, FAAN, Shirley Otis-Green, MSW, ADSW, LCSW, OSW-C, etc.

I was inspired, motivated, and in awe of the speakers and their passion and motivation, their desire to share and to spread their knowledge and experience with us, (all 132 in attendance). They shared and shared and so now, it is my turn to share and share with you.

The City of Hope's Pain and Palliative Care Resource Center, a.k.a.

(cont on page 6)

SILENT AUCTION SUZANNE DITTER, RN, MSN, OCN



We did a “drawing” for an iPad which was very successful – I believed we raised about \$1400.00 more than the cost of the iPad. We also featured “Jocelyn Chang” art work, with two donated prints and consignment items. Jane Thorp, RN (Kapi`olani) displayed her “Silpada Design Jewelry” line where she donated a portion of the proceeds to ONS which raised around \$127. Mary Nakasuji, MSW (Queens) made over #100 chocolate dipped pretzels that raised \$200.00, and we sold cancer colored bagged popcorn and yummy decorated cupcakes.

Thank you to the committee members: Mary Nakasuji, MSW and Diane Nakagaki, RN; Volunteers; Cisco Conde (drawing), Brenda Hiromoto, RN and Cheryl Nemiroff (set up)!



iPAD WINNER ~ AMY TAKIGUCHI, RN, BSN, OCN



Hi, I am Amy Takiguchi and I was the lucky winner of an iPad2 at our annual ONS conference held at the Hilton, on August 19, 2011. I always look forward to Admissions Day since it has become a tradition to have our conference held on that day, and it's always nice to see fellow Oncology Nurses from throughout our state. As always, the Conference Committee did a great job in organizing the event. The Fundraising Committee also did a fantastic job in putting together lots of items for us to jostle over and out bid each other in the Silent Auction. It's all in the name of raising money for Oncology education for our local nurses, and adds some fun shopping as well. What a great idea to offer up a raffle for an iPad2! I had to enter, but just did it thinking it was going to a good cause. It was finally time to call the winner's name and what a surprise to hear my name called! Thanks to everyone involved in this new fundraising event. It made it more exciting and I hope there is another special raffle next year. I heard we did well in raising funds for our nurses. So now I am enjoying learning and playing on my iPad2 (need to go to more classes at the Apple Store), and hope to see you all at next year's conference!

Mana`Olana

Nurse of Hope ~ 2012

Christa Braun-Inglis was honored recently as the 2012 Mana`Olana Award recipient by the Hawaii (Oahu) Chapter Oncology Society. Christa currently works as a Nurse Practitioner at Oncare Hawaii. The Mana`Olana Award recognizes one of many outstanding nurses in Hawaii--one who demonstrates professionalism, community service and hope in working with people who have cancer.



Leilani Karasaki [Mana`Olana 2011] with 2012 nominees: Rose Crisostomo and Christa Braun-Inglis



This year I am honored that I have been awarded as the 2012 Mana`Olana, Nurse of Hope. As many of you may know, every year the Hawaii (Oahu) Chapter of the Oncology Nursing Society seeks to recognize one of the many outstanding nurses in Hawaii – one who demonstrates professionalism, community services, and hope in working with persons with cancer.

I want to thank Connie Gazmen, MS, RN, OCN for nominating me and the Mana`Olana committee for selecting me for this award. This award has been a long standing honor through our chapter & I am truly flattered to be among the many outstanding nurses who have received this award already. I also want to congratulate Rose Crisostomo, RN, OCN for also being nominated. She is truly an exceptional nurse & deserves this honor as much as I do. Again, I am thankful for receiving such an honor & hope that I can serve as well as other Mana`Olana who have come before me.

PRESIDENT'S MESSAGE CONT

all Hawaii women, regardless of ethnicity or socioeconomic status participate in the highest level of breast health.

of the breast cancer movement. There are 121 local affiliate offices. The Hawaii Affiliate of Susan G. Komen for the Cure started in 1999. The organization has sponsored various fundraising events including the Komen Hawaii Race for the Cure. Seventy-five percent of net funds raised from the Race and other fundraising events support local non-profit organizations and educational institutions for breast health and breast cancer education, screening and treatment throughout the state of Hawaii. The other 25% support breast cancer research. Komen Hawaii Affiliate's Vision is to have all Hawaii women, regardless of ethnicity or socioeconomic status, take responsibility for, and participate in the

highest level of breast health. The Affiliate's focus is to expand Komen's mission throughout the Hawaiian Islands by supporting and promoting collaboration among Hawaii's healthcare providers and organizations; enabling implementation of cultural sensitive education, screening and treatment programs; thereby translating their vision into reality.

This year's Race will be held on October 16, at Kapi'olani Park. The purpose of the Race is twofold, to raise money for breast cancer and secondly to educate the public on Breast Health. "I AM THE CURE" was created to boost the educational outreach of the Komen Race for the Cure. It is a visual, engaging and powerful way to reach every Race

participant with the important messages about proactive breast health. I will be coordinating this year's "I AM THE CURE" Booth for the October 16 race. I am looking for interested members who want to volunteer on race day in the booth and as rovers throughout the race to assist in encouraging participants to commit to positive breast health practices. Please contact me at ctkaneshiro@gmail.com or call me 358-0658 if you would like to volunteer.

Let me know if you have any other projects or interests you would like to see our chapter participate in. I would love to see our chapter getting more involved in the community. I look forward to hearing from you soon.... Cindy.

PRESIDENT - ELECT'S MESSAGE CONT

improve physical skill and self confidence in children in the community

The national ONS now has their own Facebook page and is encouraging other chapters if they have developed a local chapter page, to let them know and they will provide links off of their site. We now have 7 members on our Facebook page. If you would like help in setting up an account I would be happy to help you.

In other news, we recently sponsored the Passion 4 Hoops program founded by

Dionne Brown. She provides a summer basketball camp during the month of August for the children of Oahu. Proceeds from her camp are then donated back to the community. This year she chose to donate funds to the Fisher House which sponsors Oncology patients at TAMC. This camp's focus was to foster growth and passion for basketball which would also improve physical skill

and self confidence in these children in the community.

I am interested in community service projects. We as a group need to increase the awareness of the public about Oncology. If you are interested in volunteering please let me know. I am working on additional projects.

You may reach me at robin.easley@us.army.mil

ISSUES FACED BY ONCOLOGY FAMILY CAREGIVERS CONT

caregivers also have feelings of anxiety, fear of recurrence, depression, and uncertainty

impact caregivers' physical, psychological, emotional, social, and financial well-being. Caregivers report as much emotional distress as patients. Couples coping with cancer report more distress than couples who are not coping with cancer. Duration of distress may linger for 12-24 months post-treatment. Similar to cancer patients, caregivers also have feelings of anxiety, fear of recurrence, depression, and uncertainty.

Caregivers expressed concerns about finances since patients may not be able to work.

Caregivers are likely to report lost hours from work, especially at the time of diagnosis and treatment, which can affect their income. Approximately 1.5 million adults in the United States who declare bankruptcy annually attribute their financial difficulties to medical bills. Caregivers feel overwhelmed and may have difficulty balancing work, family life, and caring for the patients.

Although these issues have been recognized, there are few programs available to address these needs. Family caregivers need more

nursing support, specifically to learn various skills and tasks, such as wound care, suctioning, tube care, safe patient transfer, and injections. Differences in the type and level of activities patients and caregivers perform suggest the need for a thorough learning needs assessment and tailored educational interventions. Lastly, caregivers desire more information and support.

IMPROVING QUALITY OF LIFE AND QUALITY OF CARE FOR ONCOLOGY FAMILY CAREGIVERS CONT

"The PRC" is accessible online, has a category on Special Population, with subheading of Family Care giving. It provides information on publications and is organized as City of Hope Publications, Recommended Publications, Educational Materials/Curriculum, Other Organization Links, and Key References from Comprehensive Cancer Center.

Some of the recommended Publications are: *Dying with Comfort* by Elaine Wittenber-Lyles, *Joy Goldsmith*, *Sandra Regan*, *Sandra Sanchez-Reilly*, *Reflections of a Loving Partner* by C. Andre Martin, *Passages in Caregiving* by Gail Sheehy, and *Partners in Healing* by William Collinge, PhD, MPH.

Websites recommended are: www.cancercare.org and www.joeshouse.org, University of Oklahoma College of Nursing, MD Anderson Cancer Center, University of Michigan Comprehensive Cancer Center, University of San Francisco, Helen Diller Family Comprehensive Cancer Center.

The purpose of the City of Hope Pain and Palliative Care Resource Center is to disseminate information and resources. They have a website <http://prc.coh.org>, which has 106 pages of resources that you can access. You can also download most of the items at no cost. You are encouraged to contribute to the center any information or resource that may be useful to others in the field.

We were able to attend this training by the grant that was provided by Oncology Nursing Society, Hawaii Chapter. The ONS provides \$1,000.⁰⁰ which covered round trip airfare to Los Angeles and one night hotel. We needed to get there at least the night before so we would be fresh and ready for the training. Those who know Francisco can ask him about his adventure. I on the other, had arrived early afternoon, checked in, had a nice dinner and was able to see the fireworks at Disneyland before I went to bed.

The City of Hope's Improving Quality of Life and Quality of Care for Oncology Family Caregivers is a national Cancer Institute funded course. An application is

submitted by a two-person team made up of Physician, RN, SW, Administrator, Psychologist, Health Educator, or Spiritual Care/Chaplain. A statement of interest, statement of goals, and letters of support are required.

We were the only team from Hawaii...let's have more of us on the map. The criteria is that there can only be one team from each facility, so Kaiser, Kuakini, Straub, Tripler... submit your applications.

Let us know if you have any questions, we will be more than happy to share. Thank you ONS-HI Chapter for the grant and supporting us in pursuing our education and training.

ONCOLOGY ON CANVAS

The nurses of Oncology Nursing Society for the 5th year in a row provided an opportunity for survivors, family members and staff to reflect on their cancer journeys at Oncology on Canvas (OOC). Over 300 people used art to express their thoughts and emotions. That is exemplified in this story of a painting: “The phoenix is a mythical bird that is consumed in flames at the end of its life. But from the ashes, it is reborn again. Like life, we all encounter hardships that sometimes consume us completely. But we must keep in mind that we have the power to rise again, like the phoenix.”

The paintings were displayed at Honolulu Hale where many people got to see the spirit of our patients and their families. Over 100 people attended the reception at Honolulu Hale where the program was touching and heart-warming for everyone there. One person who viewed the art exhibit said, “The paintings are great, some truly talented, and the others the voices of their souls.” On the fifth anniversary of ONS providing this to the public, OOC was greatly expanded. The art was displayed not only at the local hospitals and at Honolulu Hale but also at the Survivor Confer-

ence on 11 June, the ONS Conference on August 19th, and the ‘Imi Hale’s Ho ‘okele I ke Ola Cancer Patient Navigation Conference on August 25-26.

The ONS members, nursing students and many volunteers who helped make this happen all spoke passionately of what it meant to them to be a part of this healing activity. One volunteer wrote, “I’m so glad you invited us to be a part of such a fantastic event. It was even better than described! All of the artwork was moving and some of it was just out of this world!”

Did you plan to volunteer but then could

not come to help? On December 3rd at the Families Can SurVive Camp at Bellows Beach, we have been invited to do Oncology on Canvas for the families at the American Cancer Society event. It is a wonderful opportunity for us to provide community service and I believe, an honor to have been invited to this. We will need a minimum of 10 volunteers to help us. So, you see, you have a second chance this year to join in the magic of OOC. Please contact Pat Nishimoto at 433-4087 or email at pat.nishimoto@us.army.mil

Submitted by Patricia Nishimoto, Donna Primano-Holto, Darlene Sardinha, Suzanne Ditter, and Joyce Wong

KAPI’OLANI MEDICAL CENTER FOR WOMEN AND CHILDREN



Joyce Wong and Suzanne Ditter



continued



Pictures submitted by Joyce Wong

~ ~ ~ ~ ~

KAISER PERMANENTE MOANALUA MEDICAL CENTER



Pictures submitted by
Donna Primiano-Holton

SAVE THE DATE...

Upcoming ONS Dinner Lectures

October 13th

Location: Morton's Steakhouse

Topic: Multiple Myeloma

TIME: 6pm registration

RSVP: amatsuo@queens.org

**NOTE: \$15.00 fee for non-members [must have National and Local membership]

November 17th

Location and Topic: TBA

December 14th

Location: Halekalani

Topic: TBA

TIME: 6pm registration

~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~

Looking for MENTORS!!!
Interested in mentoring Nursing Students?...
Contact Jackie or Cisco for more information.

~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~

Call for Volunteers Susan G Komen Education Committee

The education committee provides volunteers for the Komen events.
The volunteers provide information on Susan G Komen Affiliate
and Breast cancer education at local events throughout the year.
For more information contact Cindy Kaneshiro at ctkaneshiro@gmail.com

~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~

CHAPTER OFFICERS & BOARD MEMBERS



President
Cindy Kaneshiro
RN, BSN, OCN
ctkaneshiro@gmail.com



President-Elect
Robin Easley
MNsc, ACNP-BC, OCN
robineasley63@yahoo.com



Past President
Francisco Conde
PhD, APRN
fconde@queens.org



Past President
Jacqui Mitchell
APRN, MS, AOCNS
jd.mitchell1@hotmail.com



Treasurer
Gail Smith
RN, OCN
gsmith@queens.org



Fundraising Chair
Suzanne Ditter
RN, MSN, OCN
suzanneN@kapiolani.org



Nominations Chair
Connie Gazmen
MS, RN, OCN
gazmen@hawaii.edu



Program Chair
Alison Matsuo
RN, BSN, OCN
amatsuo@queens.org



Secretary
Kristin Tome
RN, SW
kristinkiyomi@gmail.com



Membership Chair
Newsletter Editor
Anna Zimmerman
RN, BSN
adzimmerman@hawaii.rr.com



Webmaster
Stephanie Guy
RN, BSN
stephanieguy@gmail.com

Board Members



Shan No Chan
RN, BSN
snchan@queens.org



Kaitlin Yeager
RN, BSN
katb07@hotmail.com



Paula Imaoka
RN, OCN
imaokap@hawaii.rr.com



Diane Nakagaki
RN, BSN, OCN
diane.nakagaki@p.org

MESSAGE FROM THE EDITOR Mahalo to all those that submitted articles and information to pass on.