

PRESIDENT'S MESSAGE FRANCISCO CONDE, RN, PhD, AOCN



**Francisco Conde,
RN, PhD, AOCN.
Hawaii
ONS President**

My father was an Air Force pilot in the Philippines. At the age of two, I was the mascot for his squadron. As a mascot, it was routine to take me with them when they flew. One day, they received an assignment to test fly a plane. They took me along with them. There were eight of us total in the plane. What was supposed to be a routine flight turned into a tragedy. Shortly after take off, our plane crashed in the sea, killing six people including my father, while two of us survived. At the age of

two, I didn't know how to swim. Fortunately, whether part of his job or not, a Lieutenant Ricafort saved me from the crash. If it weren't for his courage, compassionate leadership, and his will, I wouldn't be here today. He made a difference in my life.

I share my story with you because for me, oncology nurses are the Lieutenants Ricaforts of every day. Day in and day out, oncology nurses make a difference in the lives of patients and their families. While oncology nurses are knowledgeable

and competent with treating diseases and symptoms, they, more importantly, treat patients as a person. They care for the overall well-being of the patients. Patients often expressed that the nurses' smile, kind words, patience, and compassion convey the message that they truly cared. As we just celebrated oncology nurses month, let us continue to practice the heart of nursing, knowing that the human aspect of our care is a very powerful medicine.

INTERNATIONAL SOCIETY OF NURSES JOANNE ITANO, RN, PhD



16th Meeting of the International Society of Nurses in Cancer Care. This meeting was held March 7-11, 2010 in Atlanta Georgia. It is only the second time this conference has met in the US, the last time in 1984. The International Society of Nurses in Cancer Care (ISNCC), founded in 1984, is an international federation of national cancer nursing societies, regional cancer nursing societies, oncology institutions, and individual cancer nurse practitioners, researchers, and educators

Globally, ISNCC represents over 60,000 cancer nursing professionals.

ISNCC is a non-governmental member of the World Health Organization (WHO) and is affiliated with the International Council of Nurses (ICN) and the International Union Against Cancer (UICC), and a member of the Pan American Health Organization (PAHO). Its mission is the protection and preservation of health and the relief of cancer related sickness, and the promotion and

coordination of the activities of cancer nursing through the advancement and improvement of nursing practice, education and research including publication of useful results of such research. At this meeting, 41 countries were represented and over 500 nurses attended. The keynote address was given by Dr. Otis Brawley, Chief Medical Officer of the American Cancer Society, whose headquarters are located in Atlanta, GA.

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MY ONS CONGRESS CHERIE UEHARA, RN, BSN, OCN,



ONS Congress 2010, San Diego, what an adventurous five days. Our day started off at 5 a.m. as we negotiated our turn in-line for the bathroom, as one could have imagine having those skills of a nurse to collaborate we were all ready for our first breakfast lecture at 6 a.m. and a much needed large cup of coffee. Then we were off to the Opening Ceremonies 'Fingerprints' The Art of The Exceptional Professional Performance" presented

by Selinza Mitchell who was an exceptional speaker. If any one is interested in hearing her speak, she will be at our upcoming ONS Annual local meeting on August 20, 2010 at the Hilton Hawaiian Village.

Next we were off to the Exhibit area where we learned about products, the most interesting one was the Bard Access port. As I felt I could answer some of the questions like, what to look for in identifying those power ports,

thanks to Scott from IV therapy, I faired pretty well for being a nurse who only de-accesses them. I was lucky enough to be chosen to do a survey, thanks to Kathryn Omine who sent out that email, even though I do not access ports they were able to use my interview because they thought I had a different prospective. They asked me if I could add anything to their product, what would it be, so I came up with a microchip that could be scanned and it could
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INTERNATIONAL SOCIETY OF NURSES CONT

He provided a global perspective of cancer and provided such information as the tobacco industry is now targeting Africa to sell cigarettes as they have saturated North and South American, Europe and most of Asia. He stated that in countries that do not have mammography units, education on breast awareness is proven to reduce mortality of breast cancer. There was a stunning chart on the lack of radiotherapy units in different countries around the world and how radiation therapy is effective in cure and palliation for about 50% of all cancers.

Dr. Brawley clearly stated that we need to focus on prevention and early detection and stop spending resources on BSE for early detection of breast cancer and

spiral CT for lung cancer screening, both which have been proven ineffective in reducing mortality for these cancers. The ACS recently released information that PSA is not effective in reducing mortality of prostate cancer.

I participated in a panel on Supportive Care with speakers from Canada and South Korea. The panel was moderated by Dr. Kazuko Onishi, professor of nursing at Mie University in Tokyo. Dr. Susan McClement spoke on dignity and end of life care. Dr. Won Hee Lee, dean of nursing at Yonsei University, spoke of hospice care and end of life education in South Korea. I spoke on ethnic differences in the use of Complementary and Alternative Medicine and summarized research articles on use of CAM in Hawai'i. The range of

reported use of CAM in Hawaii is 25 to about 40%. Two studies found ethnic differences in the use of CAM and the different types of CAM. Consistent predictors of CAM use in the Hawai'i and other US studies are female and better educated.

The rest of the program consisted of plenary sessions on knowledge translation, survivorship, screening, prevention and genetics, models of care delivery, factors influencing cancer legislation, workforce and global perspective. There were 64 abstract presentations and 230 poster presentations.

Thank you to ONS (Hawai'i) chapter for their support of my travel to this conference.

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MY ONS CONGRESS CONT

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give whatever information we wanted to know about the implanted port, kind of felt like maybe I could be in their next commercial.

Then we headed out to our next lunch lecture followed by another interesting lecture "Elderly: The New Face of Allogeneic Transplant" now that patients are getting them in their 60's and 70's. Careful screening is a must as we consider their medical issues like hypertension, stroke, diabetes and renal impairment, as we are all too familiar with our

chemotherapy patients who are not getting the industrial strength cocktail.

Finally, we all attended the "2010 Extraordinary Healer Award" dinner event as we had the opportunity to capture the moment when the winner was announced. I would like to also congratulate Carol Leiban one of our own, who was nominated as an Oncology nurse who had exemplified compassion, expertise, and helpfulness that a special oncology nurse exhibits.

After having that glass of wine, we were ready

for our next negotiation of showers and bed partner. We were also given the option of using earplugs so that we could get some much needed sleep as we prepared for our next four adventurous days of navigating our way through Congress. I would like to extend my special thanks to Allison Matsuo and Connie Gazmen who forwarded those emails to those very informative MDS and MM dinner lecture.

Please thank them for us we had a great time.

ANNOUNCEMENTS



As part of our strategic plan, HONS would like to collaborate with other organizations regarding professional and patient issues. Susan G Komen for the Cure Hawai'i Affiliate has been identified as one of these organizations.

The Hawai'i affiliate is asking our HONS members to assist on race day, October 17, 2010. Volunteers are needed for the first aid tent and the **I Am the Cure** education booth on race day.

Tinkled Pink. As another strategic goal to expand public awareness of HONS, we are sponsoring a Port-a-Potty for use at the Race. HONS members will be able to decorate our potty and turn it into an advertising opportunity. HONS can win a prize for the best Potty!

If anyone is interested in volunteering or helping with ideas and decorating can contact Cindy Kaneshiro at ctkaneshiro@gmail.com or call 433-6505.



Susan G Komen for the Cure 6th Annual Survivorship Conference
Saturday, November 13, 2010.

Featuring Keynote Speaker Alexine Jackson,
chairperson of the National Board of Directors for Susan G Komen for the Cure.



Being an active member of the Hawai'i Chapter provides members with benefits including networking, mentoring, and information sharing. To continue in quality improvement, ONS is encouraging you to complete the Needs Assessment Survey. **Please respond by July 5, 2010.**

<http://research.zarca.com/k/RsTUTRsVQWsQWUUXYsPsP>

SAVE THE DATE...



July 17-18, 2010 at Magic Island.

Hawaii Chapter ONS Annual Conference presents:

A Kaleidoscope of Care: The Many Facets of Cancer

Friday, August 20, 2010
7:45am to 4:30pm
Hilton Hawaiian Village
Coral Ballroom

Fee: current ONS members
(National and Local)
and students ~ \$100
...
Non-members \$125

sponsored by:



Applications found on Hawai'i ONS website.

Annual ONS Picnic
September 11, 2010 at Ala Moana Beach Park
---0930-1400 at spot #32---

Christmas Party
and membership meeting
December 16, 2010 at Halekulani

LOOKING FOR NOMINATIONS

for President Elect, Secretary, Web Designer, and Board Members at large.

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MESSAGE FROM THE EDITOR ANNA ZIMMERMAN, RN, BSN

Aloha, looking for courageous oncology nurses that want to share stories, experiences, and laughter with their fellow oncology nurses. Please feel free to submit articles, information to pass on, and most of all...suggestions for future newsletters.