

## PRESIDENT'S MESSAGE **CINDY KANESHIRO, RN, BSN, OCN**



**Cindy Kaneshiro,  
RN, OCN  
Hawaii  
ONS President**

Hello again everyone. Sorry for the delay in your newsletter. Anna has been pulling out her hair waiting for my contribution to get this out to you. Writing has never been my forte to say the least, but talk about a writer's block! Sheesh!

As my time as president draw's to a close, I find myself surprised at how quickly it has gone by. There are still many things left on my "to do list" and not much time to accomplish them.

As we all know, October is breast cancer awareness month. The Annual Susan G Komen Race for the Cure is on Sunday, October 21<sup>st</sup> at Kapiolani Park. This year our chapter has taken on a larger role in the race by participating as a Pua Melia Sponsor. The participation as a sponsor helps meet our chapter's goals in the strategic plan by expanding public awareness of ONS. It strengthens our partnership with a national organization and assists in promoting healthy lifestyles for health promotion and disease. Some of our

nurses will be volunteering in the I AM THE CURE booth this year as breast health ambassadors. Our ambassadors will be promoting breast health by helping participants to know their risk, encourage screening, know what is normal for you, and making healthy lifestyle choices. This year the message is to take action. Knowing about breast cancer is not enough. Komen would like women to turn that awareness into action. We will be promoting women to take action and make a commitment today, or as Komen likes to say... make a CUREMITMENT to your breast health. A curemitment is your personal promise to take one or more action steps that may reduce your risk of breast cancer. If you would like to volunteer with us, contact me by email [ctkaneshiro@gmail.com](mailto:ctkaneshiro@gmail.com).

In November, I would like our chapter to participate in an additional service project for the Thanksgiving holiday. I was considering a food drive for our November meeting. If anyone has any other

ideas please contact me or one of your chapter board members with suggestions.

In December, I would again like to collect donations for Iokahi. We did a great job last year and our membership was very generous in their contributions. I look forward to coordinating our efforts for this holiday season.

Last but certainly not least important, look for our chapter needs assessment to come out before the end of the year. Your participation in the needs assessment is encouraged to help give your feedback to the board on things that are important to you. The Needs Assessment helps the board plan activities for the membership,

As always, I leave you with my email address [ctkaneshiro@gmail.com](mailto:ctkaneshiro@gmail.com) and encouragement to let me hear from you. The board and I would love to hear your ideas on what you want for your chapter.

## SILENT AUCTION MARY NAKASUJI, LSW, OSW-C



When one thinks of the ONS HI Annual Conference, what do you think of or what do you share with your colleagues? Is it about the key note speaker? The panel? The new parking payment system?

### **Not!!!!**

You talk about the iPad Drawing and the Silent Auction. The iPad Drawing makes you feel like you're in Las Vegas and even if you don't win, you know that you have contributed to a great cause, the ONS Educational Fund. We started this drawing last year with great success and there was a request for repeat. We will see what may peak your interest and pocketbook for next year.

The Silent Auction brings out the competitiveness in all of us by trying to outbid one another for the Kona Coffee, the coral and the Russian bead necklace, the beautiful potted plant and the vase, the wool jacket from Marshalls, the CD, the wine, the themed baskets, etc. Yes, the highlight of the conference is definitely the **iPad Drawing** and the **Silent Auction**.

The Conference Planning Committee coordinates the Silent Auction mainly to have fun and to raise money

for education of nurses. We start by asking for donations by sending out letters, verbal requests, begging, etc., to bring you the one of a kind treasure to bid on and to outbid each other on. The planning committee members clean out our closets, family's closets, neighbors' closets, etc. as well as soliciting the community for hotel accommodations, food, jewelry, etc.

The committee members get together and review our donations and then get to work assembling the baskets that you bid on. It is a lot of fun finding out who has great ribbon making skills, who has the eye for putting together a theme, etc. We pack all the completed baskets and donations in our cars and bring them the hotel the night before so we can get the goods to you bright and early for your hot bidding.

I have fun watching Pat Nishimoto scouting the bid sheet and adding her name in the hopes of making more money for ONS and praying that someone will outbid her so she won't be going home with all that she's got her name on. So if you see Pat's name, please write your name after her name. She is helping ONS.

I love it when the bidding gets hot and there is a full page of names on the bid sheet, or going beyond the lines.

I love it when someone stands next to the item, discouraging others from bidding or when someone walks by every 10 minutes to check if there is someone who has outbid them. Then the mad rush at 3:00 when you're given the last opportunity for the last bid and finally, the winner walks to the committee member to pay for the item.

Oh yes, the adrenaline rush in counting the money... and knowing that we can offer 3 or 4 nurses an educational opportunity that they would not have been able to attend if not for the ONS HI's Annual Conference Silent Auction.

It is definitely hard work, but the members are so awesome, always volunteering to do rather than holding back. This is truly a group that you would not want to miss been part of so please consider helping out for next year's auction and add your special touch.

Our patients deserve that!

# *Mana`Olana*

## *Nurse of Hope ~ 2013*

DeeAnn Omatsu was honored recently as the 2013 Mana`Olana Award recipient by the Hawaii (Oahu) Chapter Oncology Society. The Mana`Olana Award recognizes one of many outstanding nurses in Hawaii--one who demonstrates professionalism, community service and hope in working with people who have cancer.



Christa Braun-Inglis [Mana`Olana 2012] with 2013 nominees: Carol Dinmore, DeeAnn Omatsu, and Annette Viernes.  
Other nominees not present: Alexandra Taylor and Jacqueline Mitchell



It is such an honor just to be nominated by a colleague for the Mana'olana award, but even more humbling to be receiving the award this year. I want to again recognize that I accept this award not just for myself, but also on behalf of all the pediatric oncology nurses at Kapiolani Medical Center. We are a passionate team that creates the hope our patients and families need during these difficult times. To be able to help a family navigate this journey is the greatest honor and privilege I could ask for. Thank you to my colleagues for this recognition and thank you to my patients for teaching me the true essence of hope.

## IPAD WINNER ~ SANDI WEYERHAEUSER, RN, BSN, MSN, OCN



I thoroughly enjoyed the Hawaii ONS Conference -- it's the first year I've been able to attend. The topics were timely and the presenters were outstanding! The highlight for me was the Mana'Olana award ceremony, and hearing how the nominees were recognized by their patients and nursing colleagues. I have always felt it an honor and a privilege to be an oncology nurse, and hearing their stories reminded me once more how special oncology nurses are!

I was also the lucky recipient of the iPad that day! I am not usually very lucky, so when I bought the raffle tickets, I was thinking there was NO WAY that I would win. I was happy to be contributing to the chapter's funds, knowing that they give educational grants for members to attend conferences, etc. Imagine my surprise when my number was called!!! Thank you very much, I am loving my new iPad.

## SENIOR NURSING STUDENTS: ANGELA ABLOG, ZACHARY BALI, AND SCOTT ZANE

The color pink, ribbons, zumba, and friendly smiles! To kick off the Komen Hawaii Race for the Cure, event sponsors and community agencies collaborated to raise breast cancer awareness on Saturday, July 28 at Ward Warehouse. The ONS sponsored a table starting at 10 o'clock offering BP screenings and to answer health questions from mall goers.

As nursing student participants, we believe that this event was a fulfilling experience. It turned out to be a great opportunity to practice patient teaching in the community setting. Providing screening in the community reinforced what we learned in nursing school regarding primary care. The RNs who were at the event (Cindy Kaneshiro & Paula Imaoka) were great role models in community nursing care. We believe that RNs and nursing students alike should get involved with public events like these and make connections with foundations and agencies in the community. The feedback we received from community members were very positive and we hope to partake in more community events in the

future. Putting it all together- it makes for a good time!



Senior Nursing students who volunteered with ONS for the Komen Event at Ward Warehouse on July 28<sup>th</sup>.

# NEXT ONS DINNER LECTURE

October 18<sup>th</sup>

Location: Sarentos: Top of the I Restaurant  
Topic: Colorectal Cancer Treatment Update  
TIME: 6pm registration  
6:30pm program

Sign up using Alison's Doodle poll.

<http://doodle.com/bag4idxavmduf6qw>

\*\*NOTE: \$15.00 fee for non-members [must have National and Local membership]

Upcoming Dinner Lectures  
November 15  
December 6



**Looking for MENTORS!!!**  
Interested in mentoring Nursing Students?...  
Contact Jackie or Cisco for more information.



## WELCOMING OUR NEW MEMBERS...

Tasha Napoleon  
MidgieTaira  
Valerie Hernandez  
Lorie Lapitan

Celeste Baldwin  
Yae Motohashi  
Jennifer Sanabia  
Lynn Smelker  
Flora Woo

Virginia Walker  
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### MESSAGE FROM THE EDITOR ANNA ZIMMERMAN, RN, BSN

Aloha, looking for courageous oncology nurses that want to share stories, experiences, and laughter with their fellow oncology nurses. Please feel free to submit articles, information to pass on, and suggestions for future newsletters. Submit to [adzimmerman@hawaii.rr.com](mailto:adzimmerman@hawaii.rr.com). Mahalo